



Highfield Surgery Patient Participation Group (PPG)

Highfield Surgery Patients Participating Group, or PPG for short, is run by volunteer patients to **strengthen** the relationship between the **surgery** and you, the **patient**. PPG is there as a critical friend of the surgery and by working **'Together Everyone Achieves More (TEAM)**.

Highfield Surgery PPG 2026/2027 Action Plan - PPG Priority 4: Mind & Body Matters - Mind & Body Health

Saturday 27th June 2026 from 10.00 am to 1.00 pm Hazlemere Community Centre - Linked to Repair Café and Coffee Morning

Aims and Objectives:

Promote Preventative Health, Empower Individuals and Increase Access to Local Resources

1. Provide opportunities for residents of Hazlemere, including patients of Hazlemere Surgery, to access local preventative health and social care resources and enable them to take control of their health wellbeing, take measures to stay safe and maintain independent living in the community.
2. Provide opportunities for residents of Hazlemere, including patients of Hazlemere Surgery, discover fresh ways to nurture their mind and body with fun and inspiring activities.

Build Community Trust, Foster Networking and Celebrate Community Strength

1. Enable statutory, voluntary organisations and charities in the health and social care sector to network with each other and with Patient Participation Groups (PPGs) to achieve above aims and objectives and develop a 'Hazlemere Health and Social Care Directory.'
2. Implement outcomes from the event to maintain continuity in the local community.
3. Learn lessons for the future and help PPG to build on success and to organise more effective 'Looking After Your Health – It is Your Health' and 'Patient to Patient events in the future.

Planning – Timescales/Deadlines

w/b/ 11th and 18th May 2026 – Invitation to short listed organisations and confirmation to attend the event.

w/b 1st June 2026 – Publicity; Posters, social media etc.

9th June 2026 – 10.00 am to 11.00 am - Pre-meeting with all confirmed organisations to fine-tune arrangements. Hazlemere Community Centre Lounge.

w/b 15th June 2026 – Confirmation of floor plan/ stall numbers and other practicalities on Saturday 27th June event.

Aims & Objectives - Highfield Surgery PPG's Mind & Body Matters - Mind & Body Health Event on 27th June 2026